

THE FORM

- 1) How long of you lived in NYC?
- 2) Why did you move here?
- 3) Did you feel prepared for the reality of NYC living? Why or why not?
- 4) When hearing the word "money," what sort of innate responses do you have? (i.e. Do you feel something? Do you say a certain thing?)
- 5) Are you making enough money right now? If no, why not?
- 6) Have you tried budgeting before? If yes, was it successful? If no, why haven't you tried making a budget before?
- 7) Do you talk about money with your family and/or friends? Why or why not?
- 8) Did this survey make you uncomfortable?

GOALS

What are three things you can do toward financial wellness this week?

1)

2)

3)

Where would you like to be financially six-months from now?

Is there someone you could share these goals with to help hold you accountable?

RESOURCES

BLOGS

- The Frugalwoods
<http://www.frugalwoods.com/>
- Mr. Money Mustache
<http://www.mrmoneymustache.com/>
- Rachel Cruze
Sign up for the 14 Day Money Finder
<https://www.rachelcruze.com/>

WEBSITES

- Family Budget Calculator
<http://www.epi.org/resources/budget/>
- Learnvest
<https://www.learnvest.com/>
- Living Wage Calculator
<http://livingwage.mit.edu/>
- Dave Ramsey's Financial Peace University: Cash Flow Planning
http://a248.e.akamai.net/f/1611/26335/9h/dramsey.download.akamai.com/23572/daveramsey.com/media/pdf/lessons/cash_flow_planning.pdf

BOOKS

- *The Simple Path to Wealth*
JL Collins
- *The Money Book for the Fabulous, Young & Broke*
Suze Orman
- *The Total Money Makeover: A Proven Plan for Financial Fitness*
Dave Ramsey

TRACKING WEBSITES, APPS OR SOFTWARE

- You Need a Budget
- Mint
- Envelopes 2
- Spendee
- Every Dollar