280 BROADWAY **ENTER 53A CHAMBERS** NEW YORK, NY 10007 TEL: 646 837 6809



Please visit gibneydance.org/class-schedule for current offerings.

The following classes take place at Gibney 280 Broadway, unless otherwise noted.

# Monday

- 10:00am-12:00pm Authentic Movement & Improvisational Forms
- o 12:30-2pm Zena Rommett Floor-Barre
- o 2:00-3:15pm Kinected: Therapeutic Pilates Mat for Dancers
- o 6:00-8:00pm Beginner House
- o 6:30-8:00pm Advanced Beginner Modern/Simonson
- o 6:45-8:15pm Absolute Beginner Ballet at 890 Broadway
- 6:45-7:45pm Gaga/people

# Tuesday

- 10:00am-12:00pm Body Politic, Somatic Selves: Healing
- 10:30am-11:45am Yoga Flow
- 12:15-1:45pm MELT Method
- o 2:00-3:15 Pilates Mat Class for Dancers: Movement Research
- o 6:00-8:00pm West African: Cumbe
- o 6:30-8:30pm Slow Intermediate Simonson
- o 8:00-9:30pm Urban Dance on Tuesdays

#### Wednesday

- 10:30am-12:00pm MELT Method
- o 12:30-2:00pm Feldenkrais Method: Movement Research
- o 2:00-4:00pm Alexander Technique: Movement Research
- o 6:00-8:00pm Vogue
- o 6:30-8:00pm Hustle
- 6:45-8:15pm Intermediate Ballet at 890 Broadway

## Thursday

- 10:00am-12:00pm Witchcraft: A Corporeal Practice: Movement Research
- 12:00-2:00pm: Slow Intermediate Simonson
- o 12:15-1:45pm Tai Chi & Movement Awareness
- o 2:00-3:15pm Kinected: Therapeutic Pilates Mat for Dancers
- o 6:00-8:00pm Advanced Beginner Modern/Simonson
- o 6:00-8:00pm Contact Improvisation: The Basics: Movement Research
- o 6:00-8:00pm Vogue

### Friday

10:00am-12:00pm Klein/Barre: Movement Research





- o 12:00-2:00pm Mixed Level Contemporary/Simonson
- o 12:30-2:00pm Zena Rommett Floor-Barre at 280
- o 2:00-3:30pm MELT Method
- o 6:45-7:45pm Gaga/people
- Saturday
  - 10:30-11:30am Gaga/people
  - o 12:00-2:00pm Mixed Level Contemporary/Simonson
  - o 12:00-2:00pm Ballez at 890 Broadway
  - o 4:30-6:00pm Rumba: Cumbe
- Sunday
- o 2:00-4:00pm Slow Intermediate Simonson